

# Animal Assisted Therapy as a School Intervention

## A School Dog Approach

The study of the human-animal bond is a relatively new academic field which is being increasingly explored including the introduction of dogs in schools as a form of intervention. This course offers you the opportunity to gain invaluable knowledge and experience surrounding how your school can benefit from the human-animal interactions, how it can be applied ethically, safely and effectively and methods of measuring outcome and success of the interventions



# ANIMAL ASSISTED THERAPY (AAT) AS A SCHOOL INTERVENTION - A SCHOOL DOG APPROACH COURSE CONTENT

### Session 1 – Date/Time TBC (An introduction to AAT)

- Group Introductions
- What is AAT
- The science/history behind AAT
- Dog/puppy socialising and practical training

### Session 2 – Date/Time TBC (Health and Safety)

- Week review (celebrate and share good practice/ discuss problems encountered)
- The importance of Health and Safety
- Developing a Risk Assessment
- Practical training

### Session 3 – Date/Time TBC (Animal Behaviour and Communication)

- Week review (celebrate and share good practice/ discuss problems encountered)
- Animal Behaviour, communication and welfare
- Practical training

### Session 4 – Date/Time TBC (Animal Assisted Interventions Part 1)

- Week review (celebrate and share good practice/ discuss problems encountered)
- Client groups and conditions
- AAT techniques and practical activities to introduce
- Practical training

### Session 5 – Date/Time TBC (Animal Assisted Interventions Part 2)

- Week review (celebrate and share good practice/ discuss problems encountered)
- Client groups and conditions
- AAT techniques and practical activities to introduce
- Practical training

### Session 6 – Date/Time TBC (Measuring Outcome)

- Week review (celebrate and share good practice/ discuss problems encountered)
- Why measure outcome
- Methods to measure outcome
- Practical training



### **Dates and Times**

Due to the nature of the school environment conversations are welcome to organise dates and times that suit all participants.

### The venue

\_\_\_\_\_ generously hosting the facilities for this course allowing practical opportunities to demonstrate learnt skills and knowledge in an appropriate school environment, including use of the sports hall and classroom areas.

### What to bring with you

The course is open to those who are planning on introducing a school dog as well as those who already have a school dog and would like guidance and support to further enhance the intervention.

You are encouraged to bring your dog with you to the course sessions although those who fail to meet health and safety requirements may be asked to leave. (Please remember to bring poo bags and any other necessities your dog may require) You must also provide adequate business insurance prior to first session. Notepad and pens are also encouraged although you will be provided with PowerPoints and resources throughout the sessions.

### Certificate

Participants attending will receive a Certificate of Attendance. Please note that this will show the teaching hours (contact hours) for the course.

### Fee

The fee for the course is £399 which includes course notes, certificate, continued support post programme and refreshments.

### **Booking**

Please complete the booking form and return to <a href="meg.blore@archietherapy.com">meg.blore@archietherapy.com</a> to book on the course.

### **For More Information**

Please contact:

Meg Blore at <a href="meg.blore@archietherapy.com">meg.blore@archietherapy.com</a> Telephone 07525 822794



### AAT as a School Intervention Course BOOKING FORM

Please complete this form and return it with payment to: <a href="mailto:meg.blore@archietherapy.com">meg.blore@archietherapy.com</a>

First Name	Surname		
Address			
Email Address		Telephone no	
Place of Work		Position	
Will you be bringing your pet with you? If you are bringing your pet you must ensure that they are up to date with Vaccines, Worming and Flea  Please circle your response			
treatments and ensure to bring any necessities to ensure the safety and comfort of your pet. You may be asked to provide documentation to show this.			Yes / No
Please give a brief description of your pet. Breed/Age/Gender/Previous Training			
Please explain what you would like to gain from going on this course			

To book, complete the booking form attached. Send a hard copy in the post with payment. Please make cheques payable to 'Archie Therapy Ltd'. Alternatively, please return your form to this email address meg.blore@archietherapy.com as an attachment (this will provisionally book you a place and help ensure a successful booking process).

Any queries, please either email <a href="mailto:meg.blore@archietherapy.com">meg.blore@archietherapy.com</a>. Places are limited and will be allocated on a first come, first served basis.

### **Terms and Conditions**

By making an online booking you are acknowledging that you have read and agree to the following terms and conditions:

- 1. Booking fees cover tuition, materials and refreshments
- 2. Bookings are accepted by telephone, post and email. Bookings made without payment will only be held for 7 days, after which we reserve the right to offer your reservation to other applicants.
- 3. Only when your deposit has been made can we fully guarantee your booking.
- 4. The course is limited to specific participant numbers
- 5. All participants of the courses take part at their own discretion and are individually and wholly responsible for their own property, dog behaviour and actions, either on or off the course premises, for the duration of each session.
- 6. In the unlikely event of a course being cancelled, moved or rearranged you will be offered a full refund of your payment or an alternative course. The organiser will not be held responsible for any extra costs arising out of the cancellation of a course.
- 7. Archie Therapy Ltd cannot refund your course fee if you cancel your booking less than a week in advance of your course.
- 8. Places are limited and will be allocated on a 'first come, first served' basis. Return this form by email for a provisional booking places will be confirmed on receipt of payment.